





Therapeutics Calendar October 2019 → 4th Floor

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>*All programs without a floor number are on-unit in the lounge *All church services and standing exercises are in the Chapel *Programs are subject to change, please see on-unit whiteboard each day for program information *W.R. stands for Windsor Room *Please visit www.svnh.ca for building-wide programs and printable calendars</p>						
		<p>1 10:30 Standing Exercises 2:00 Music with East Coast Connection (Chapel) 2:00 Menu Committee (4th) 6:00 Bingo (Windsor Room)</p>	<p>2 10:00 R.C. Mass 2:30 Music Therapy 6:00 Crafty Cronies</p>	<p>3 1:30 Exercises 6:00 Bocce (2nd Floor)</p>	<p>4 <i>Library Day</i> 10:00 Alzheimer's Society Coffee Break (Lobby) 2:00 Men's Club (Windsor Room)</p>	<p>5 2:00 Music with Emily (Chapel)</p>
<p>6 2:00 Art Expression (Windsor Room) <i>MENU WEEK 1</i></p>	<p>7 10:30 Music & Movement (Chapel) 6:00 Hymn Sing (5th Floor)</p>	<p>8 10:30 Standing Exercises 2:00 Mind Matters (2nd) 6:00 Bowling (Windsor Rm)</p>	<p>9 10:00 R.C. Mass 10:30 Exercises 2:00 Kitchen Party (W. R.) 6:00 Crafty Cronies 6:30 Pet Visits (All floors)</p>	<p>10 <i>Happy Birthday Betty! Marisa away</i></p>	<p>11  <i>Recreation Staff at education!</i></p>	<p>12 2:00 Music with Peggy Gillis (Chapel)</p>
<p>13 2:00 Floor Hockey (2nd) <i>MENU WEEK 2</i></p>	<p>14 Happy Thanksgiving  <i>Recreation Staff are off today!</i></p>	<p>15 10:30 Standing Exercises 2:00 Music with Memory Lane (Chapel) 6:00 Bingo (Windsor Room)</p>	<p>16 10:00 R.C. Mass 10:30 Exercises 2:00 Music with Patsy Roach (Chapel) 6:00 Crafty Cronies</p>	<p>17 2:30 Mindfulness Relaxation</p>	<p>18 9-1 Crafty Cronies Bazaar 2:00 Tuck Cart (Canteen)</p>	<p>19 2:00 Music with Larry (Chapel)</p>
<p>20 10:30 Exercises 2:00 Art Expression (Windsor Room) <i>MENU WEEK 3</i></p>	<p>21 10:00 Coffee Time 1:30 Exercises 6:00 Hymn Sing (6th Floor) <i>Happy Birthday Bur!</i></p>	<p>22 2:00 Mind Matters (2nd Floor) 6:00 Bowling (Windsor Room)</p>	<p>23 <i>Pumpkin People Prep</i> 10:00 R.C. Mass 6:00 Crafty Cronies 6:30 Pet Visits (All floors)</p>	<p>24 <i>Pumpkin People Prep</i> 2:00 Music with Greg and the Gang (Chapel)</p>	<p>25 <i>Library Day</i> 10:00 Visit from the Daycare (Windsor Room) 2:00 Pumpkin People Contest (Outdoors)</p>	<p>26 2:00 Music with Daphne (Chapel)</p>
<p>27 <i>MENU WEEK 4</i></p>	<p>28 10:30 Music Therapy 2:00 Resident Council (Windsor Room) <i>Marisa Away</i></p>	<p>29 10:30 Standing Exercises 2:00 Resident Family Centered Care Meeting (Chapel) 2:30 Fancy Nails 6:00 Bingo (Windsor Room)</p>	<p>30 10:00 R.C. Mass 2:00 Pumpkin Carving (Windsor Room) 6:00 Crafty Cronies</p>	<p>31 Halloween 1:30 Halloween Movie Matinee (Windsor Room) 6:00 Halloween Wheel of Fortune (Windsor Room)</p>	<p>Leisure activities are available upon request for example:</p> <ul style="list-style-type: none"> -Coloring/Painting -Tablet Games -Music on an iPod -Outside strolls -Puzzles/Games -Letter/Mail Assistance <p>(See recreation staff on your floor to access these activities)</p> 