

## **Resident's Council Minutes**

**Date: November 2019**

**Present: 16 Residents – all floor represented**

### **Staff:**

Amy Parker- Recreation Therapist

Hillary Wellard- Co-Chair

Marisa Doucette- Recreation Therapist

Lauren Richardson- Clinical Dietetic Manager

### **Old Business:**

1. **Lauren followed up that silverware was ordered and there is no longer a shortage.**

### **Management Messages:**

1. Lauren spoke about Christmas dinner. Tickets will be on sale this weekend. There will be 50 tickets available and will be sold on a first come first serve basis. There will be one sitting this year at 12pm. Signs go up this week to advertise and tickets can be purchased at the nutrition office. **Action: no follow up required.**

### **Recreation Therapy Programs:**

Recreation Programs for the month of October were reviewed, the highlights include:

- a) 2<sup>nd</sup>- Tree Lighting (Windsor Room)
- b) 3<sup>rd</sup>- Visit from Nashwaak Farms (Windsor Room)
- c) 4<sup>th</sup>- Choir Practice (Chapel)
- d) 6<sup>th</sup>- 2<sup>nd</sup> floor Christmas Party (Chapel)
- e) Carols with the Girl Guides (Chapel)
- f) 9<sup>th</sup>- Shopping Trip- Sign up with recreation
- g) 10<sup>th</sup>- 3<sup>rd</sup> Floor Christmas Party (Windsor Room)
- h) 11<sup>th</sup>- Choir Practice (Chapel)
- i) 12<sup>th</sup>- 4<sup>th</sup> floor Christmas Party (Windsor Room)
- j) 13<sup>th</sup>- Visit from LeMarchand School & Pilipino Association of Nova Scotia
- k) 14<sup>th</sup>- Christmas music with Peggy Gillis
- l) 16<sup>th</sup>- Christmas Choir Performance (Chapel)
- m) 17<sup>th</sup>- 5<sup>th</sup> floor Christmas Party (Chapel) & Lights Tour

- n) 19th- Mind Matters
- o) 20<sup>th</sup>- 6<sup>th</sup> floor Christmas Party (Chapel)
- p) 21<sup>st</sup>- Christmas music with Piano Mama & the Mixed Bags
- q) 24<sup>th</sup>- Cookies & Eggnog
- r) 27<sup>th</sup>- Christmas movie
- s) 31<sup>st</sup>- New Year's music with Melanie Breen

**New Business:**

1. Amy talked about the fall fair being this Friday from 9am-1pm and everyone is encouraged to come down. **Action: No follow up required.**
2. Amy mentioned about the VR program and that all the equipment has arrived. We will be testing it out in the next few weeks with select Residents. **Action: No follow up required.**
3. It was suggested that recreation get a large white board in front of their office that has all the information for all the events in the entire building. All Residents seemed to like this idea. **Action: Amy to follow up with management.**
4. Amy voted to not distribute meeting minutes any longer, instead there will be an agenda distributed. The minutes will still be posted on each unit and on the website.
5. It was reminded that there will be no meeting in December.

**Next Resident's Council Meeting will be Monday the 27<sup>th</sup> of January at 2:00pm in the Windsor Room.**

Respectfully Submitted, Amy Parker Recreation Therapist