

## **Resident's Council Minutes**

**Date: February 24<sup>th</sup> 2020**

**Present: 16 Residents – all floor represented**

### **Staff:**

Amy Parker- Recreation Therapist

Hillary Wellard- Co-Chair

Marisa Doucette- Recreation Therapist

Angela Berrette- Executive Director

John MacDonald- Facility/Maintenance Manager

### **Old Business:**

1. **Lauren was not in attendance to follow up on interviews regarding Resident's opinions on dining experience.**

### **Management Messages:**

1. Angela reviews the complaint process and residents and family are encouraged to bring problems forward. The process will be posted in the lobby and will be included in the newsletter. **Action: no follow up required.**
2. Angela mentioned that licencing from the department of health and wellness was in the building and gave a list of about 10 items that need to be worked on. These included updating policies, expired medication on med cart and extinguisher updates. All items will be posted in newsletter. **Action: no follow up required.**
3. John let us know that they are doing a domestic hot water project (example replacing the pumps etc.). This has been going on for about 6 weeks and there is a plan in place to ensure that there is minimum effect to Residents. **Action: no follow up required.**

### **Recreation Therapy Programs:**

Recreation Programs for the month of October were reviewed, the highlights include:

- a) 2<sup>nd</sup>- Massages
- b) 3<sup>rd</sup>, 10<sup>th</sup>, 17<sup>th</sup>, 24<sup>th</sup>, 31<sup>st</sup> – Standing exercises
- c) 3<sup>rd</sup>, 9<sup>th</sup>, 17<sup>th</sup>- Bingo
- d) 4<sup>th</sup>- Mindful Music
- e) 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup>- Crafty Cronies

- f) 5<sup>th</sup>- Classic TV
- g) 7<sup>th</sup>- Music with Elvis
- h) 8<sup>th</sup>- Art Expression
- i) 10<sup>th</sup> & 19<sup>th</sup>- Mind Matters
- j) 10<sup>th</sup> & 24<sup>th</sup>- Bowling
- k) 12<sup>th</sup>- Men's Club
- l) 13<sup>th</sup> & 27<sup>th</sup>- Visit with the daycare
- m) 14<sup>th</sup>- Music with Trilites
- n) 15<sup>th</sup>- Colouring Social
- o) 17<sup>th</sup>- Music with Memory Lane
- p) 18<sup>th</sup>- Music with Patsy Roache
- q) 19<sup>th</sup>- Wheel of Fortune
- r) 21<sup>st</sup>- Music with Tony Quinn
- s) 23<sup>rd</sup>- Tea Social
- t) 26<sup>th</sup>- Music with Greg and the Gang
- u) 28<sup>th</sup>- Music with Larry
- v) 31<sup>st</sup>- Resident and Family Centered Care Meeting

#### **New Business:**

1. Amy introduced the idea of having this new Resident's Council where there will be invitations handed out to Residents who would like to have a seat on the council. It will be held more formally with no food or refreshments. Resident's supported the idea. **Action: No follow up required.**
2. Amy announced that Hilary, our current co-chair was stepping down and will instead be in the role of treasurer. Amy requested anyone who might be interested in taking the co-chair role and Bobby Desmond volunteered. **Action: Amy will meet with Bobby prior to next meeting to ensure actions are being carried out and discuss plan of representation at the tea social for other Residents who do not attend council meetings.**
3. Terms of Reference were reviewed by chair. **Action: Adjustments to be made and presented at next council meeting.**
4. Amy let everyone know that there is going to be a new recreation therapy team member named Taylor starting Tuesday who will be with us for 12 weeks for 28hours per week. **Action: no follow up required.**
5. Amy announced that they will be hiring someone for her position while she is on maternity leave for one year. **Action: no follow up required.**

Respectfully Submitted, Amy Parker Recreation Therapist