

# Annual Resident Care Quality Report

2018-19

## OUR MISSION

To provide quality care and services in a home-like environment through compassion and innovation.

## Commitment to Quality

With our new strategic plan on the horizon, Saint Vincent's Nursing Home renews its commitment to providing quality care to our residents.

The appropriate use of antipsychotics is a commitment SVNH made a few years ago and have been able to maintain our usage well below the national average ensuring residents who do receive an antipsychotic, do so for an appropriate reason such as physical aggression. We continue to educate our staff on interventions in managing responsive behaviors through P.I.E.C.E.S. and the U-First programs as well as Non-Violent Crisis Intervention training.

Our falls rate has been consistent over the past three years. Many of our residents are being admitted with high risk for falls. 61% (49% -2017-18) of our residents admitted this past year were assessed for high risk. With the increased challenge of our residents becoming frailer and the commitment to consider our residents independence and quality of life, we strive to reduce the number of serious injuries that may occur with a fall. Residents, families and staff consideration for the use of hip protectors that may reduce the incidence of hip injuries and increased rounding by staff have been two initiatives in 2018-19.

Our incidence of pressure injuries (bedsores) has risen over the last year slightly. 52% (47% in 2017-18) of our residents admitted this past year were assessed for high risk for developing a pressure injury. With our renewed commitment to reduce the number of residents who develop pressure injuries, SVNH is dedicated to make this happen through education, care planning, initiatives in place by the Department of Health and Wellness, and more importantly the hard work of our healthcare team.

All residents, families and employees are encouraged to take an active role in quality at Saint Vincent's – whether that is participating in a quality committee, spearheading a quality initiative, conducting research on best practices, or taking part in education sessions to better their understanding of quality management and quality assurance for our residents.

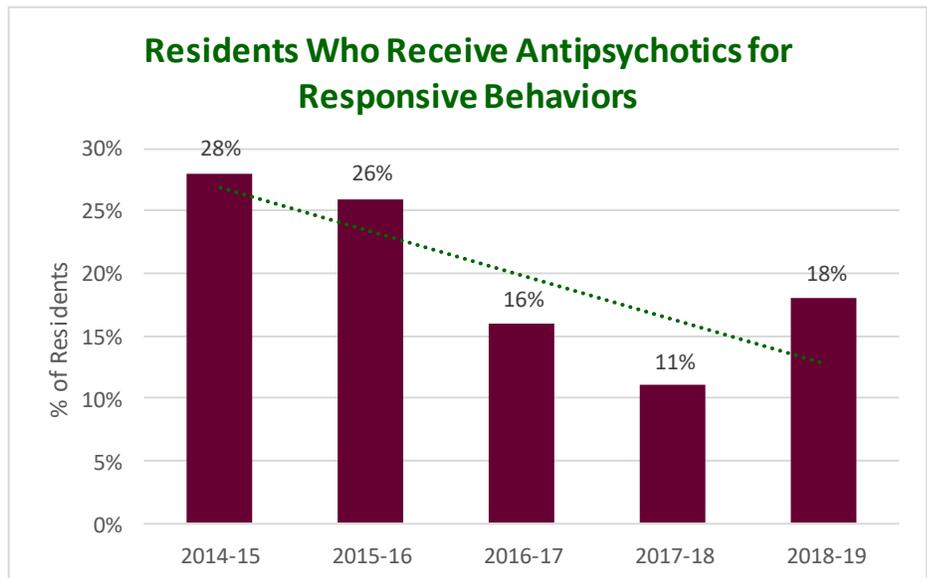
As another year passes with this report, I wish to thank all the staff of Saint Vincent's Nursing Home for their dedication to the quality of care we provide our residents and families.

Kim Wright, RN Director of Quality and Operations

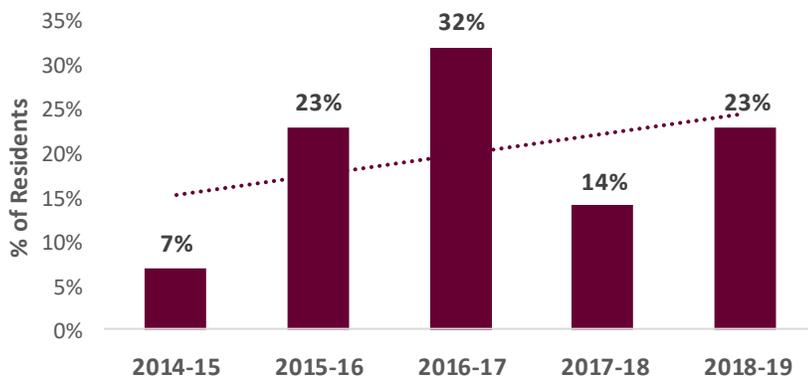
## Antipsychotic Use

CIHI National Usage of Antipsychotics in LTC 21.2% (2017-18)

The entire health care team and support staff are to be commended for their care approach to our residents with dementia.



## Incidence of Residents with Pressure Injuries Stage 2, 3, 4, Unstageable



## Pressure Injuries

Currently, all pressure injuries have closed or are in the process of healing.

Through individualized care planning, the use of pressure relieving equipment and early recognition of a potential injury during skin checks at point of care, our incidence of Stage 3, 4 and unstageable has decreased.

## Falls Management

Majority of fall injuries were slight hematomas and skin tears.

10 residents had serious injuries from a fall this past year. This is consistent with previous years.

Our focus in the new year will be increased “rounding” by the staff to help ensure resident safety for the entire 24 hour day resulting in an increase in “near misses” as opposed to actual incidents.

