

Annual Resident Care Quality Report

2019-20

OUR MISSION

Is to provide resident and family centered care by living our core values of

caring, community, accountability, respect, and safety.

Commitment to Quality

With our new strategic plan, Saint Vincent's Nursing Home has renewed its commitment to providing quality care to our residents.

The appropriate use of antipsychotics is a commitment SVNH made a few years ago and we have been able to maintain our usage well below the national average ensuring residents who do receive an antipsychotic, do so for an appropriate reason such as physical aggression. We continue to educate our staff on interventions in managing responsive behaviors through P.I.E.C.E.S. and the U-First programs as well as Non-Violent Crisis Intervention training.

Our falls rate has risen slightly over the past three years. Many of our residents are being admitted with high risk for falls. 55% (49% -2017-18) of our residents admitted this past year were assessed for high risk. With the increased challenge of our residents becoming frailer and the commitment to consider our residents independence and quality of life, we strive to reduce the number of serious injuries that may occur with a fall. Residents, families and staff consideration for the use of hip protectors that may reduce the incidence of hip injuries and increased rounding by staff have been two initiatives continued in 2019-20.

Our incidence of pressure injuries (bedsores) was consistent this year as previous years. The trend observed is the injuries are being assessed and treated early resulting in the wounds healing at stage 2 and not worsening. With our commitment to reduce the number of residents who develop pressure injuries, SVNH is dedicated to make this happen through education, care planning, and initiatives in place by the Department of Health and Wellness, and more importantly the hard work of our healthcare team.

All residents, families and employees are encouraged to take an active role in quality at Saint Vincent's – whether that is participating in a quality committee, spearheading a quality initiative, conducting research on best practices, or taking part in education sessions to better their understanding of quality management and quality assurance for our residents.

As another year passes with this report, I wish to thank all the staff of Saint Vincent's Nursing Home for their dedication to the quality of care we provide our residents and families.

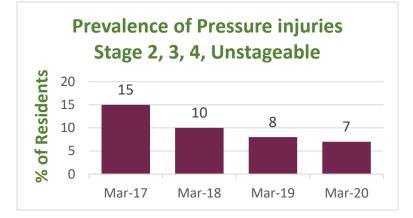
Kim Wright, RN Director of Quality and Operations

Antipsychotic Use

CIHI National Usage of Anti-psychotics in LTC 21.2% (2017-18)

The entire health care team and support staff are to be commended for their care approach to our residents with dementia.

for Responsive Behaviors 28% 30% 26% 25% of Residents 18% 18% 20% 16% 15% 11% 10% 5% % 0% 2014-15 2015-16 2016-17 2017-18 2018-19 2019-20



Prevalence of Pressure Injuries

Through individualized care planning, the use of pressure relieving equipment and early recognition of an injury during skin checks at point of care, our prevalence of Stage 2, 3, 4 and unstageable injuries has decreased significantly over the last 3 years.

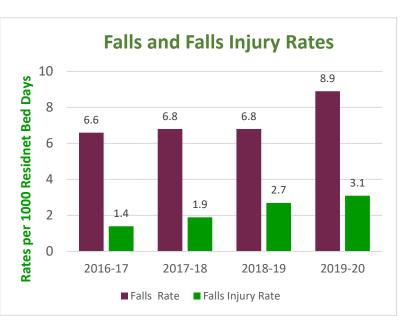
Falls Management

46% of our residents have been assessed as high risk for falling.

69 residents experienced multiple falls (2 or more) accounting for 88% of the total falls.

Our focus this year was increased "rounding" by the staff during the overnight hours. The percentage of falls between 2000 and 0800 decreased significantly from 62% to 45%.

10 residents had serious injuries from a fall this past year. This is consistent with previous years.



Residents Who Receive Antipsychotics for Responsive Behaviors