

Keeping Connected

Saint Vincent's Nursing Home Resident Newsletter

June 2020 Vol 1 Issue 2

Welcome Summer!

The days are getting brighter, warmer and longer! And at Saint Vincent's we are staying strong! With summer on the horizon, we turned our attention to the great outdoors! Many residents began soaking in the sun and sitting in the garden. We started work on the garden, painted bird houses, rocks and got our "perennial" pop bottle flowers touched up! We also celebrated! The building was filled with flowers for Mother's Day, and we said a big "thank you" to our Nurses for National Nurses Week, May 11-17! We also kept connected. The Recreation team helped residents make over 250 video and phone calls to stay in touch and be Saint Vincent's strong!



Roses are the flower of June!



Staying safe, healthy and strong!

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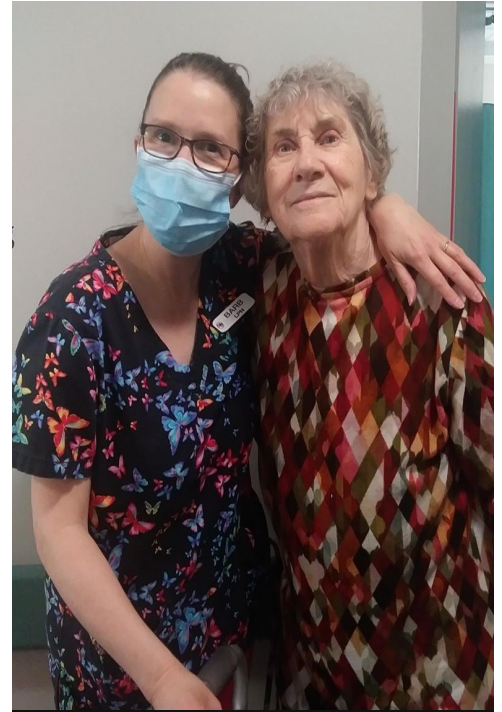
May Highlights!



Milestone May Birthday!



**Touching up our "Perennial"
Pop Bottle Flowers**



Thank you Nurses!



Enjoying the sun!



Painting bird houses and getting our vegetable seeds ready for the garden!



Our garden is going to Rock this year!

June Birthdays!

Happy Birthday:

June 10: Violet (4)

June 12: Michael (5)

June 14: Rita (4),
Jeannette (6) &
Samuel (2)

June 19: Catherine (5)
& Gordon (4)

June 20: Hillary (4)

June 29: Elsie (3)



June Birthstone:

June is one of only two months that has three birthstones: Pearl, Alexandrite and Moonstone

Other Significant Dates:

June 20: First Day of Summer!

June 21: Father's Day & National Indigenous Peoples Day

June 24: Quebec National Day!

Resident of the Month: Samuel (2nd Floor)

Samuel was born June 14, 1937 and grew up in Gays River, NS. He will be turning 83 years old!

When he graduated high school, Sam began working for the Royal Bank of Canada (RBC). During his 39 years at RBC, Samuel worked various positions and had many opportunities to live across the province! He worked as a Bank Manager for both the Digby and Bridgewater branches. He also had opportunities to travel, visiting RBC branches in Sydney and Newfoundland as an Inspector. He retired from a Halifax branch as Manager of Lending Services.

Sam and his wife, Marjorie, met at the Jubilee Boat Club. Marjorie was working as an RN. She and her coworkers would often go to the boat club, and one fateful night, she met Samuel! Sam and Marjorie will be celebrating their 53rd wedding anniversary this August! They had 4 children, and now have 6 grandchildren!

Sam is quite the natural athlete— he has a knack for being good at all he does! In his younger days, Samuel golfed, bowled, played baseball and was part of a curling team. In 1993 his curling team went to Edmonton to compete in the Canadian Curling Nationals. His team didn't win the Nationals, but won several games, and met great people from all over Canada. Sam and his team were back to the Nationals in 1998, this time to Saskatoon. Again, they didn't win, but still did very well, as Samuel tends to do!

Samuel is also a great gardener! He had a beautiful flower garden, especially dahilas. He very much enjoyed wood working. When his daughters were young, he made them a play stove, table and chairs. He also made them smaller wood furniture for the living room, including a rocking chair, and couch. And he was a wonderful dancer, the best!

Happy Birthday, Samuel!





Peggy with her Birthday plaque from Queen Elizabeth II!

Birthday Update on Peggy!

Peggy, May's "Resident of the Month," celebrated her 100th birthday on May 19th!

In addition to a special birthday cupcake, Peggy received well wishes from Queen Elizabeth II! She also had over 200 birthday cards from around the world!

Hope your day was a special one, Peggy!



Quebec's Provincial Flag!

Quebec National Day Trivia!

- La Fête National du Quebec (Quebec National Day) was formerly called Saint-Jean-Baptiste Day, in honour of St John the Baptist.
- June 24th is St John the Baptist's Feast Day
- 17th century French immigrants brought the tradition of Saint-Jean-Baptiste Day with them. The earliest celebration dates back to 1606!
- During the 1960s and 1970s, Saint-Jean-Baptiste Day became less about religion and more focused on culture, art and unity.
- La Fête National du Quebec involves more than 750 celebrations held across the province on June 23 and 24



Some Good News:



This 7-year-old boy from North Carolina has proven himself to be quite a prom king since he came to the rescue of his heartbroken nanny.

17-year-old Rachel had been babysitting Curtis for almost a year. After COVID-19 lockdowns, Rachel and Curtis were not able to see each other for two months.

In addition to missing the family, Rachel—who is a High School Senior was particularly saddened by the cancellation of her prom.

When Curtis heard about Rachel’s prom, he insisted on throwing a socially distanced “mini-prom” in their backyard.

Curtis donned a purple bow-tie to match Rachel’s prom dress, set out a fancy dinner table in the back yard with all of their favorite foods, and after raising a glass of juice to toast his babysitter, they danced six feet across from each other in order to maintain social distancing.

“I planned it out because Rachel probably just wanted to see me a lot and she also is one of the best people I’ve known,” Curtis said.

Source: www.goodnewsnetwork.org/boy-hosts-socially-distanced-prom-for-babysitter/

CONTEST!

Our monthly resident newsletter needs a name! If you think you have the winning idea, please submit your idea to Recreation!

Contact Recreation at:
loliver@svnh.ca

Phone: ext. 119

Or let your Recreation staff member know!

2nd & 4th: Marisa

3rd: Lindsay

5th: Ashlyn

6th: Victoria

Also let us know if you have any feedback, news, or submission ideas for next month’s issue!

