



June 7, 2021

Good afternoon,

We have made it through another week safe and sound. It is wonderful to see how the people of Nova Scotia are coming together to protect themselves and each other by getting vaccinated in such high numbers. If anyone needs a bit of help booking a vaccination, please come see me in the first floor conference room. It only takes a few minutes to sign up for an appointment. Any staff who have recently received their first dose of their COVID-19 are asked to let me know so that our vaccination stats are as accurate as possible. Public Health is asking Saint Vincent's to report how many of the staff are vaccinated. Our goal is to have 85% of our staff vaccinated and so far we have 84.9%. Let's get a few more done and reach our goal.

There are a few changes we wanted to make you aware of. Each change can be confusing and it is hard to keep up with the changes. The silver lining is that each change brings us one step closer to the end of the pandemic and one step closer to getting things back to normal. If anyone has any questions or needs clarification about the changes, please do not hesitate to ask.

The residents may now go for walks off of Saint Vincent's Nursing Home property within a reasonable area, such as around the block or somewhere close to the facility. There still cannot be community site access. This means that you can take your loved one to the commons for a walk but you cannot take them over to the Superstore.

We are thrilled to let everyone know that designated caregivers can now take their loved ones out for a sightseeing drive. No stops are permitted during the drive and drive-thru visits are not permitted. Designated caregivers who take their loved ones for a drive are required to wear a mask for the entire drive. Masks are recommended for the residents, but this is not a requirement. Appointments are not required to take your loved one out for a sightseeing drive, but all residents must be back to Saint Vincent's by 6:30 at the latest.

It is wonderful to see the garden visits happening between the residents and their loved ones. If you have an appointment for an outdoor visit, the visit should take place in the garden area by the gazebo. Please do not use the benches at the entrance to the garden. This area is used by the rec staff to take residents out for some fresh air. For staff who are taking residents outdoors, please be mindful that residents should only socialize and be in close proximity to other residents from the same floor. It is ok for residents from different floors to be outside at the same times as long as the groups of residents from one floor are kept 6 feet away from a group of residents from another floor.

Keep up the good work keeping everyone safe.

A handwritten signature in blue ink that reads "Debbie".

Debbie Coombs BScN RN
Resident Care Manager/Infection Control Designate