



August 6, 2021

On July 14, 2021, Nova Scotia entered phase 4 of a 5 phase reopening plan that will allow our residents to enjoy summer with public health measures in place. While Nova Scotia remains in phase 4, additional restrictions will be lifted at Saint Vincent's **starting on Monday August 9, 2021 at 8:00 a.m.** Please see the highlights below.

Travel outside of Saint Vincent's Nursing Home

Regardless of immunization status, all residents may now:

- Visit a family home or Designated Caregiver's home, for up to 7 days, anywhere within Atlantic Canada.
 - Overnight stays are permitted.
 - Others may visit the home while the resident is present.
 - Families or Designated Caregivers must observe gathering limits, and it is recommended that all eligible members of the family home are immunized with at least one dose of a COVID-19 vaccine.
 - A family home can include the home of a family member or Designated Caregiver, and their cottage, RV, campsite etc.
 - Travel outside of Atlantic Canada is not permitted.
- Visit the home of someone other than a family member or Designated Caregiver, within Atlantic Canada.
 - Overnight stays are not permitted.
 - Others may visit the home while the resident is present.
 - The homeowner must observe applicable gathering limits, and it is recommended that all eligible members of a family home are immunized with at least one dose of a COVID-19 vaccine.
 - A home includes the home of an individual, and their cottage, RV, campsite, etc.
- Visit a resident in another long-term care facility. Overnight stays are not permitted.

Visitors

- All types of visitors are now permitted to come into Saint Vincent's Nursing Home.
- Election candidates are now permitted to visit a single resident or hold a group session in a common area. Door to door canvassing of residents is not permitted.
- Visitors may now attend social activities with a resident **IF physical distance is maintained** from other residents/visitors.

- Visitors **are NOT permitted** to attend mealtimes in the dining room with a resident.
- Visitors may now remove their mask in order to eat or drink during an outdoor visit or while in the resident's room. Masks must be used at all other times during a visit.

Have a safe weekend. If you have any questions about the easing of these restrictions, please do not hesitate to ask.