

# Vinnie's Seasonal News Scoop

Welcome to Saint Vincent's Seasonal News Scoop! This is a quarterly news letter that can be received in a hard copy or digital format to update residents families on what we are working on, new changes, and upcoming events happening at Saint Vincents Nursing Home!

## House Updates

### *Staff Changes*

Angela Berrette has taken on a new role as the CEO of Oceanview Continuing Care Centre, her last day here was January 27th. We wish Angela all the very best in her new role.

The Board of Directors has started the recruitment process for Angela's replacement. In the interim, Ken Rehman will have the dual role of Executive Director and Director of Care. His knowledge and experience will help us to maintain stability throughout our transition to a new leadership.

This month we are also saying goodbye to Roisin Bezanson, Physiotherapy Assistant. Roisin is retiring on February 24th after 28 years of service. *Congratulations Roisin!*

### *New Roles & Management*

We have hired a new Resident Care Manager, Judy Changwony. Many of you may recognize her as the Clinical RN on the 4th floor. She starts her new role on February 27th.

We would also like to welcome Danelle Callahan to her new role. Danelle has worked at Saint Vincent's for the past 16 years in both the Nursing and Nutrition Services Departments. She has accepted the position of Digital Administrative Assistant for a six month term and will be helping the Nutrition Services Department in our initiative to go virtual.

### *Enhancing our Quality Team*

We would also like to introduce our new quality team:

Tracy Bonner and Rehana Thampi are working with us as part of a shared service agreement that we have with Oceanview Continuing Care Centre and The Birches. Tracy is the Director of Quality & Risk at Oceanview and Rehana is their Quality & Risk Coordinator. Together their role is to ensure we meet licensing and accreditation standards. The Quality Team will also include an Inter-RAI Coordinator.

## Spotlight

### *Tax Receipts for 2022*

Please be advised that Tax Receipts for 2022 will be issued by February 28, 2023. Families will receive copies either via email (if applicable) or via mail to the address that we have on file. Please reach out to [jjpratley@svnh.ca](mailto:jjpratley@svnh.ca) for any questions related to the Tax Receipts for 2022.



## Upcoming Recreation & Pastoral Care Events

We have a few new Saturday musical entertainers who started recently - Larry, Jerome and Melanie Breene (who has been playing here for many years for special events and now is on the regular Saturday rotation).

We have special events planned for Valentine's Day, St. Patrick's day and Easter. Please keep an eye on the calendars for more information as the dates get closer.

We are welcoming many new volunteers who have completed their orientation. You will see them helping with programs in the coming months. We are all looking forward to Spring and utilizing the outdoor spaces as the weather warms up.

Please keep an eye on the therapeutics calendars for a list of our church services. February 22nd is Ash Wednesday – the Pastoral Care Department will be distributing ashes throughout the facility on that day.

## Nutrition Bites

Our initiative to go paperless in the Nutrition Services Department has begun! We are working with Supercity (our contracted IT company) to help us develop a program for meal service that is entirely digital. We are hoping to have the initial phases of the program up and running by this Summer. More updates to come!

We will be serving many special holiday meals over the next few months, including Valentine's Day, St Patrick's Day and Easter. Stay tuned for our delicious offerings!

## Valentines Day Heart Shaped Jello

### Ingredients:

- 2 packages of jello, 3-oz each
- 1 ¼ cups boiling water
- Heart shaped cookie cutter
- Offset spatula (optional, but will make it easier)

### Directions

1. Put the boiling water in a mixing bowl.
2. Sprinkle the gelatin over it and mix with a whisk until all the sugar is dissolved.
3. Pour in an 8 inch glass baking dish. Cover with plastic wrap.
4. Refrigerate until it is completely set, about 2 hours.
5. Cut hearts using your cookie cutter, and help release the shapes using a small off-set spatula.
6. You can decorate them with whipped cream and sprinkles.



## Inter RAI: What is it?

Inter RAI (resident assessment Instrument) is an assessment tool being implemented by the Nova Scotia Government for all Long-Term Care facilities. Assessments are done on a quarterly basis and the results are used in care planning. The data/statistics can also be uploaded to the Canadian Institute for Health Information (CIHI) to compare our home to other LTC facilities throughout the country. Participation in this program is now mandatory in LTC in Nova Scotia.