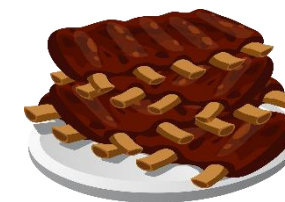
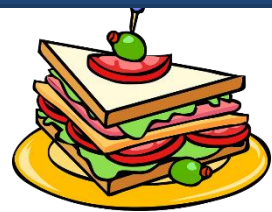


Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Lunch</p> <p>Cod Nuggets Country Style Potatoes with Cheese</p> <p>Peaches</p>	<p>Lunch</p> <p>Beef & Barley Soup Dinner Roll</p> <p>Cookies</p>	<p>Lunch</p> <p>Beans and Wieners Brown Bread</p> <p>Rice pudding</p>	<p>Lunch</p> <p>Chili with Garlic Toast</p> <p>Triple Chocolate Brownies</p>	<p>Lunch</p> <p>Macaroni And Cheese Sliced Tomatoes</p> <p>Cookies</p>	<p>Lunch</p> <p>Clam Chowder Biscuit</p> <p>Lemon Loaf</p>	<p>Lunch</p> <p>Beef and Cabbage Casserole Brown bread</p> <p>Frozen Yogurt</p>
<p>Supper</p> <p>Octoberfest Sausage Sweet Potato Fries Sauerkraut Honey Mustard</p> <p>Boston Cream Pie</p>	<p>Supper</p> <p>Chicken & Mushroom Sauce Mashed Potatoes Carrot Coins</p> <p>Chocolate Pudding</p>	<p>Supper</p> <p>Swiss Steak Egg Noodles PEI Vegetables</p> <p>Danish Pastry</p>	<p>Supper</p> <p>Chicken Schnitzel Fluffy Rice Diced Carrots</p> <p>Old Fashion Doughnut</p>	<p>Supper</p> <p>Pan Fried Haddock French Fries Creamy Coleslaw</p> <p>Blueberry Turnover</p>	<p>Supper</p> <p>Slow Roasted Pork with Gravy Mashed Potatoes Mixed Vegetables</p> <p>Mousse Cake</p>	<p>Thanksgiving Supper</p> <p>Roast Turkey Cranberry Stuffing Squash Mashed Potatoes</p> <p>Pumpkin Pie</p>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Lunch</p> <p>Chicken Burger & Gravy Pick of the day Vegetable</p> <p>Caramel Swirl</p>	<p>Lunch</p> <p>Fish Chowder Dinner Roll</p> <p>Cookies</p>	<p>Lunch</p> <p>Hot Turkey Sandwiches Gravy Peas</p> <p>Fruit Cocktail</p>	<p>Lunch</p> <p>Golden Autumn Soup Assorted Sandwiches</p> <p>Blueberry Loaf</p>	<p>Lunch</p> <p>Lasagna Garlic Toast</p> <p>Cookies</p>	<p>Lunch</p> <p>Pancakes and Sausages</p> <p>Mandarin Oranges</p>	<p>Lunch</p> <p>Corn Beef Hash</p> <p>Ice Cream Sandwiches</p>
<p>Supper</p> <p>Meatloaf & Gravy Mashed Potatoes Buttered Corn</p> <p>Banana Bread</p>	<p>Supper</p> <p>Salisbury Steak Tartar Tots Peas and Carrots</p> <p>Apple Pie</p>	<p>Supper</p> <p>Country Ham Casserole Buttered Bread</p> <p>Lemon Meringue Dessert</p>	<p>Supper</p> <p>Sweet & Sour Chicken Fried Rice PEI Mix Veg</p> <p>Jell-o with Whip Cream</p>	<p>Supper</p> <p>Seafood platter French Fries Coleslaw</p> <p>Butter Tarts</p>	<p>Supper</p> <p>Chicken Parmesan Mashed Potatoes Broccoli</p> <p>Date Squares</p>	<p>Supper</p> <p>Roast Beef Gravy Mashed Potatoes Baby Carrots</p> <p>Strawberry Layer Cake</p>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Lunch</p> <p>Chicken and Wild Rice Soup Dinner Roll</p> <p>Sugared Donuts</p>	<p>Lunch</p> <p>Chicken Pot Pie</p> <p>Pears</p>	<p>Lunch</p> <p>French Toast Sausage Links/patties</p> <p>Cookies</p>	<p>Lunch</p> <p>Grilled Cheese Sandwich Tomato Soup</p> <p>Coconut Cream Dessert</p>	<p>Lunch</p> <p>Fish Cakes Baked Beans</p> <p>Peaches</p>	<p>Lunch</p> <p>Chicken Alfredo with Garlic Toast</p> <p>Strawberry Swirl</p>	<p>Lunch</p> <p>Split Pea Soup Dinner Roll</p> <p>Ice Cream Sandwich</p>
<p>Supper</p> <p>Spaghetti Parmesan Cheese Garlic Bread</p> <p>Boston Cream Pie</p>	<p>Supper</p> <p>Breaded Haddock Country Style Potatoes Peas and Carrots</p> <p>Apple Strudel</p>	<p>Supper</p> <p>Shepherd's Pie Buttered Bread</p> <p>Banana Pudding</p>	<p>Supper</p> <p>Fried Bologna Colcannon</p> <p>Blueberry Tarts</p>	<p>Supper</p> <p>Chicken Tenders Sweet & Sour Sauce Potato Wedges Coleslaw</p> <p>Cookies</p>	<p>Supper</p> <p>Zesty Meatballs Fluffy Rice Four Way Mixed Vegetables</p> <p>Cinnamon Rolls</p>	<p>Supper</p> <p>Roast Pork Gravy Yellow Beans Mashed Sweet Potatoes</p> <p>Lemon Layer Cake</p>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Lunch</p> <p>Hamburger Macaroni Garlic Bread</p> <p>Mousse Parfait</p>	<p>Lunch</p> <p>Homemade Chicken Noodle Soup Dinner Roll</p> <p>Macaroon Squares</p>	<p>Lunch</p> <p>Vegetable Quiche Sliced Tomato</p> <p>Strawberry Cheesecake</p>	<p>Lunch</p> <p>Beef Minestrone Soup Homemade Bread</p> <p>Cookies</p>	<p>Lunch</p> <p>Grilled Ham and Swiss Cheese Sandwich French Fries</p> <p>Lemon Whip</p>	<p>Lunch</p> <p>Pizza Ceaser Salad</p> <p>Stewed Rhubarb</p>	<p>Lunch</p> <p>Corn Chowder Tea Biscuit</p> <p>Ice Cream</p>
<p>Supper</p> <p>Breaded Haddock French Fries Peas Tartar Sauce Ketchup</p> <p>Cookies</p>	<p>Supper</p> <p>Stuffed Pork Tenderloin Boiled Potato Carrot Coins</p> <p>Lemon Squares</p>	<p>Supper</p> <p>Beef Stew Dumplings</p> <p>Fruited Vanilla Pudding</p>	<p>Supper</p> <p>Chicken Broccoli Stir Fry Noodles</p> <p>Chocolate Avalanche</p>	<p>Supper</p> <p>Grilled Salmon with Lemon Butter Sauce Mashed Potatoes Green Beans</p> <p>Apple Crumble</p>	<p>Supper</p> <p>Roast Chicken Thighs Mashed potatoes Sunrise Veg</p> <p>Muffins</p>	<p>Supper</p> <p>Brown Sugar Ham Scalloped Potatoes Diced Turnip</p> <p>Chocolate Tuxedo Cake</p>



