

# Annual QUALITY CARE REPORT (2024 - 2025)

#### Prepared by:

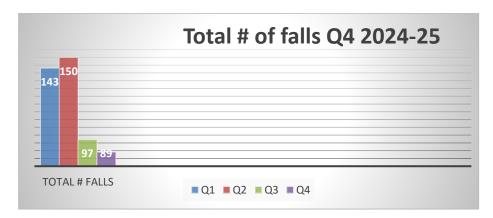
Joanna Johnson, Resident Care Manager IPAC/Quality

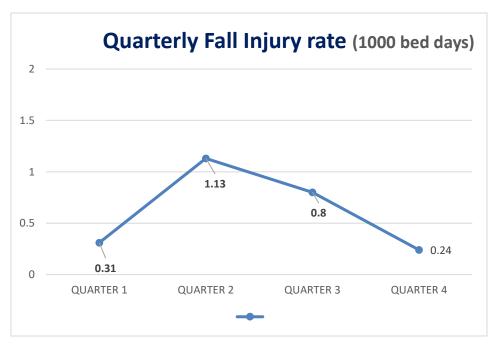


INDICATOR or STATISTIC		Target/ Benchmark	Facility Trend	Q1 APR-JUN 2024	Q2 JUL-SEP 2024	Q3 OCT-DEC 2024	Q4 JAN-MAR 2024	Annual 2024-2025
Falls	*% Residents who fell in last 30 days	CIHI 16.7%	<b>\</b>	16%	22%	17%	15%	17.5%
	*Total number of Falls (Quarter)	Experience	<b>\</b>	143	150	97	89	119.75
	Moderate/Serious Injury rate/ 1000 resident bed days (Monthly)	Experience	<b>\</b>	0.31	1.13	0.8	0.24	0.62
# Residents using Restraints	PASD (point in time)	Experience	<b>1</b>	23	21	19	30	23.25
	Physical Restraints (point in time)	сіні 5.6%	<b>\</b>	6.2%	6.2%	5.6%	4.1%	5.5%
Incidence of new or worsening SVNH Acquired Pressure Injury		NS 3.0%	<b>↑</b>	1.4%	0	2.0%	2.1%	1.38%
Infection Rate per 1000 resident bed days (Monthly)		IPAC <b>2.5</b>	<b>↑</b>	2.83	0.8	0.9	3.46	1.99
Medication error rate per 1000 resident bed days (Monthly)		Experience	<b>↑</b>	1.3	0.7	1.0	1.3	1.08
*Antipsychotic Use		FACILITY TOTAL CIHI 22%	<b>↑</b>	13%	17%	18.5%	18.5%	16.75%

<sup>\*</sup>New formula to measure and benchmark in 2024.

## SAINT VINCENT'S NURSING HOME— ANNUAL QUALITY CARE REPORT 2024-2025 FALLS MANAGEMENT

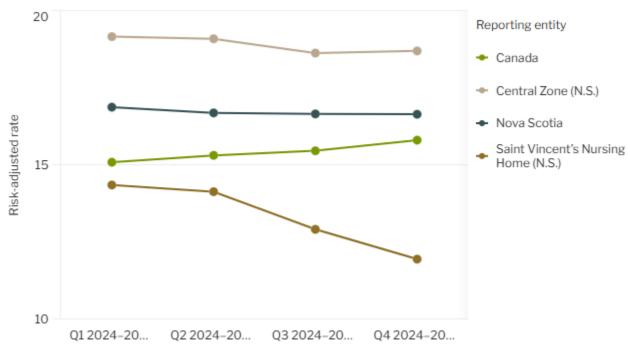




- Multi-disciplinary team huddles are held regularly
- Frequent and continuous rounding and resident safety checks.
- Scott Fall Assessments completed on admission, every 6 months and with a change in the residents' health status.
- Resident status change monitoring by CCA (STOP and WATCH).
- Care plans are updated by physio regularly
- ➤ All new employees have a mandatory education session with Physiotherapy and Occupational Therapy prior to their unit orientation
- Mandatory Orientation for all staff with Physiotherapist/Occupational Therapist
- ➤ Of the 89 falls in the 4<sup>th</sup> quarter, 45 of those falls were multiple falls by several residents.

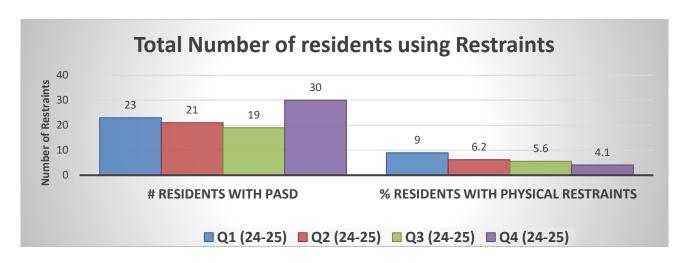
#### SAINT VINCENT'S NURSING HOME— ANNUAL QUALITY CARE REPORT 2024-2025 Residents Who Fell in the Last 30 Days

Risk-adjusted rate, trend for selected locations, Q1 2024-2025 to Q4 2024-2025



Canadian Institute for Health Information. Integrated interRAI Reporting System Long-Term Care Secure Reporting. Accessed April 16, 2025. Data refreshed at: April 2, 2025. Fiscal quarter: 4 of 34; Indicator selection: Residents Who Fell in the Last 30

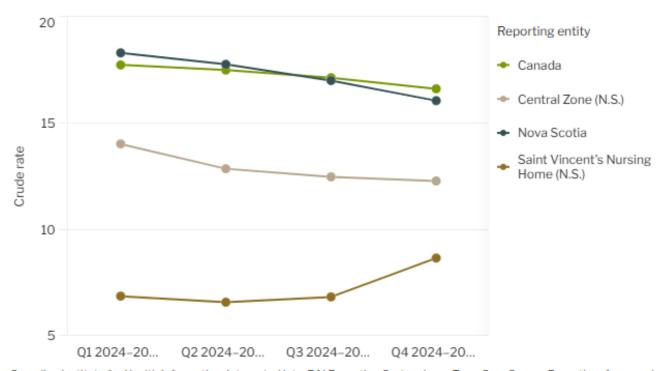
## SAINT VINCENT'S NURSING HOME— ANNUAL QUALITY CARE REPORT 2024-2025 LEAST RESTRAINTS



- > Care plans continue to be updated for residents using restraints or a PASD. Care plans include Type of restraint/PASD and reason for use.
- Monitoring of the resident's response to the device.
- Frequent safety checks
- Releasing the restraint/PASD every 2 hours
- Repositioning every 2 hours
- ➤ Toileting plan/ Incontinence checks
- > Ongoing audits to ensure policy compliance and assessments are completed
- Quarterly audits by the RCM's and OT/PT

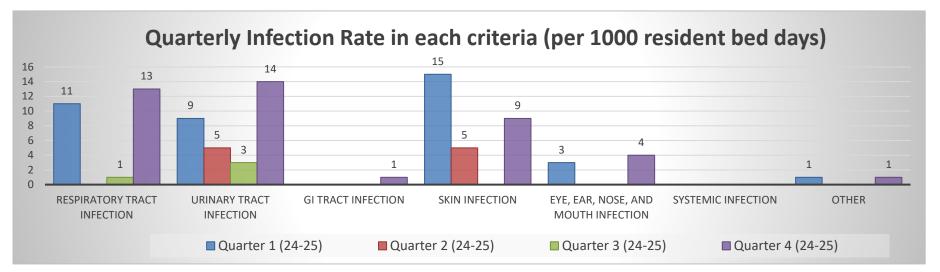
#### **Residents in Daily Physical Restraints**

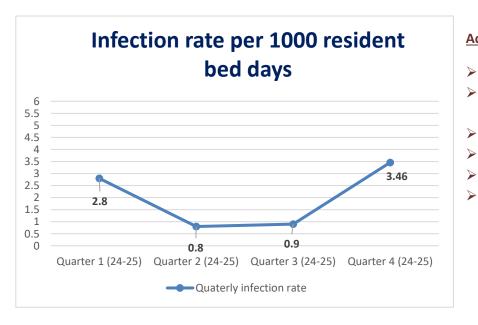
Crude rate, trend for selected locations, Q1 2024-2025 to Q4 2024-2025



Canadian Institute for Health Information. Integrated interRAI Reporting System Long-Term Care Secure Reporting. Accessed April 16, 2025. Data refreshed at: April 2, 2025. Reporting entity: Canada; Fiscal quarter: 4 of 34; Indicator selection: Residents

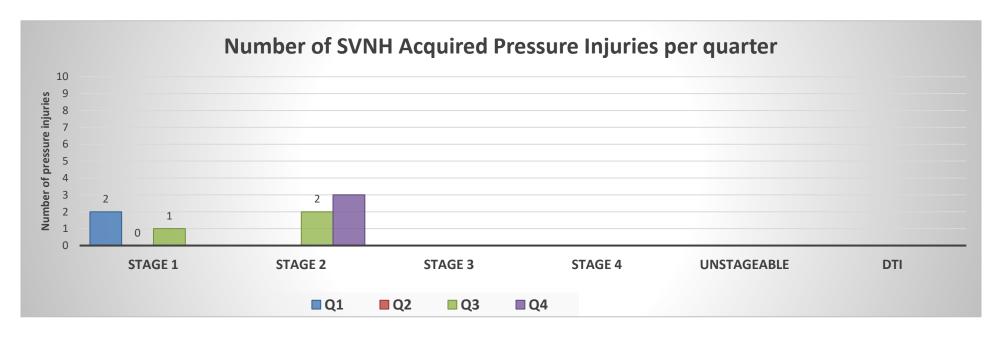
## SAINT VINCENT'S NURSING HOME— ANNUAL QUALITY CARE REPORT 2024-2025 INFECTION CONTROL



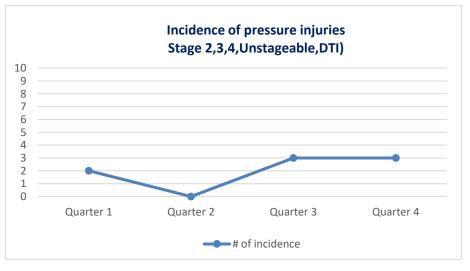


- Respiratory and GI protocols remain in place.
- Audits are completed to ensure adherence to protocols, masking, handhygiene, and social distancing.
- Hand Hygiene and nail clipper audits are conducted monthly
- RSV vaccines were given to all eligible residents in October- January
  - COVID vaccines given to eligible residents every 6 months
- Increased daily cleaning of high touch areas continues.

#### PRESSURE INJURY



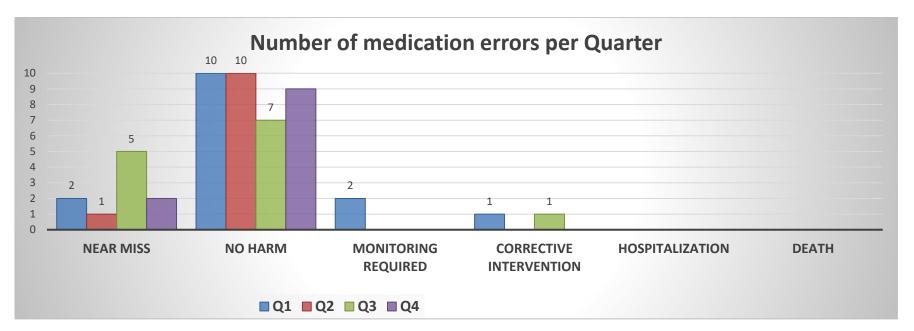
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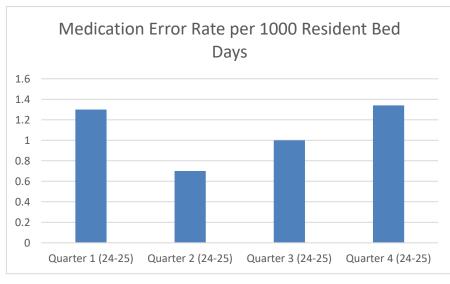


#### **Actions (Completed)**

- Wound care protocol in place routine assessments completed
- Wound Care Team meetings bi-weekly to review all pressure injuries, interventions, and education
- Discussion with RNs regarding the need to update care plans with resident change in status, such as end of life, change in mobility.
- Re-established the Safe Resident Handling and Mobility (SRHM) committee- education for all staff on off-loading equipment, etc.
- Education by OT- appropriate use and care of off-loading equipment
- > Unit huddles to review residents at high risk.
- Audit by RCMs to ensure proper incontinent product being used for each resident
  - Provincial Wound Care consultants are contacted as needed

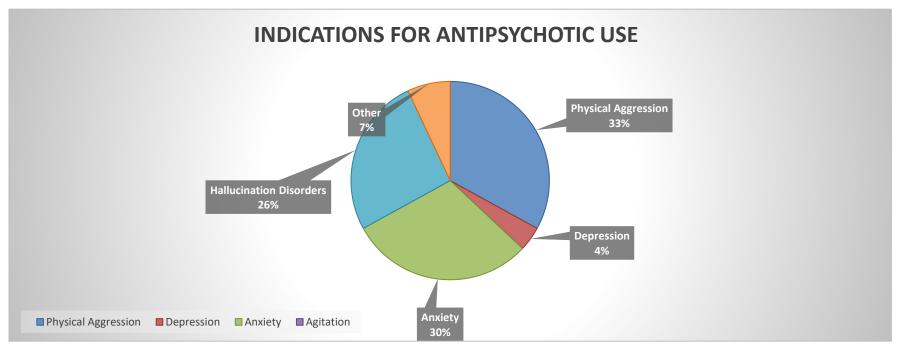
## SAINT VINCENT'S NURSING HOME— ANNUAL QUALITY CARE REPORT 2024-2025 MEDICATION MANAGEMENT





- > Medication reconciliation is completed on admission and upon return from hospital admission
- > Continued review of medication management, policies and procedures.
- > Pharmacy continues to educate their staff on minimizing errors.
- > Unit audits to ensure every resident has a current photo which accurately identifies the resident, and each resident is wearing an ID bracelet as per policy.
- RCMs discuss pharmacy audit results at Nsg/Pharm meeting, RN/LPN meeting.

### SAINT VINCENT'S NURSING HOME— ANNUAL QUALITY CARE REPORT 2024-2025 USE OF ANTIPSYCHOTIC DRUGS



<u>Analysis:</u> As of March 31, 2025, 27 residents (18.5%) receive antipsychotics required for symptoms of hallucination disorders and/psychosis secondary to medical diagnosis (such as schizophrenia, Parkinson's, bipolar, and other diagnosis that can cause psychosis symptoms such as depression, dementia, traumatic brain injury and substance abuse).

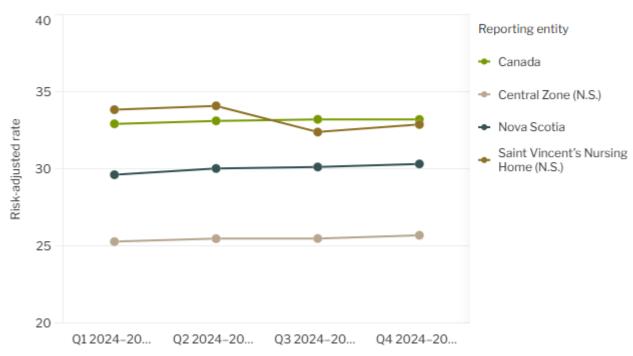
#### **Actions**

- > Unit team huddles held to review care plans including non-pharmacological interventions for residents with responsive behaviors.
- ➤ Workplace Violence Prevention Program shared with staff through unit meetings and JOHS newsletter.
- > Staff to document in progress notes in addition to using the DOS tool when observing responsive behaviours.
- > Team to review use of "prns". Consider discontinuing those that have not been used for several weeks.
- Referral to Seniors Mental Health and Challenging Behaviour Consultant as needed
- Clinical RNs are educated in PIECES
- One of our Recreational Therapists is trained in GPA (Gentle Persuasive Approach) and will be educating staff in house to this concept
- Monthly PIECES meeting held to discuss challenging residents

Total # of residents receiving an antipsychotic is measured as of the last day of the month.

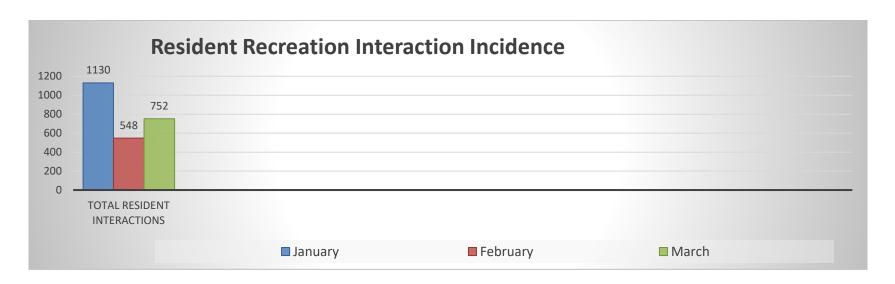
#### Residents on Antipsychotics Without a Diagnosis of Psychosis

Risk-adjusted rate, trend for selected locations, Q1 2024-2025 to Q4 2024-2025



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#### **Resident Recreation Interactions**



- > All residents have an Initial Assessment with Recreation to determine what activities the resident prefers to participate in, and are appropriate for the resident
- > Careplans are developed for each resident based on the assessment and reviewed on a quarterly basis
- Recreation Team Members are asked to participate in Unit team huddles held to review care plans including non-pharmacological interventions for residents with responsive behaviors and falls
- > One of our Recreational Therapists is trained in GPA (Gentle Persuasive Approach) and will be educating staff in house to this concept
- Monthly PIECES meeting held to discuss challenging residents