

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<div>Lunch Fish & Chips Coleslaw Carrots</div> <div>Peaches</div>	<div>Lunch Cream of Carrot Soup Tea Biscuit</div> <div>Cookies</div>	<div>Lunch Beans & Wieners Brown Bread</div> <div>Rice Pudding</div>	<div>Lunch Beef & Barley Soup Dinner Roll</div> <div>Chocolate Brownie</div>	<div>Lunch Beef & Cabbage Casserole Buttered Bread</div> <div>Cookies</div>	<div>Lunch Macaroni & Cheese Sliced Tomatoes</div> <div>Lemon Loaf</div>	<div>Lunch Chicken Vegetable Soup Sandwich</div> <div>Frozen Yogurt</div>
<div>Supper Pork Medallions Mashed Potatoes Pick of the Day</div> <div>Banana Cream Pie</div>	<div>Supper Chicken Parmesan Mashed Potatoes Green Beans</div> <div>Chocolate Pudding</div>	<div>Supper Shepherd's Pie</div> <div>Apple Strudel</div>	<div>Supper Chicken Schnitzel Potato Wedges Broccoli</div> <div>Old Fashion Doughnut</div>	<div>Supper Baked Haddock Fried Potatoes & Onions PEI Veg</div> <div>Blueberry Turnover</div>	<div>Supper Hawaiian Pork Rice Sunrise Veg</div> <div>Mousse Cake</div>	<div>Supper Roast Beef Mashed Potatoes Brussels Sprouts Pickles</div> <div>Tuxedo Cake</div>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch Chicken Burger & Gravy Pick of the Day Veg Caramel Swirl	Lunch Fish Chowder Dinner Roll Cookies	Lunch Pancakes with Syrup Sausages Fruit Cocktail	Lunch Golden Autumn Soup Assorted Sandwiches Blueberry Loaf	Lunch Fish Cakes Baked Beans Cookies	Lunch Chef's Soup Dinner Roll Mandarin Oranges	Lunch Farmer's Casserole Sliced Tomato Ice Cream Sandwiches
Supper Meatloaf Scalloped Potato Corn Banana Bread	Supper Country Ham Casserole Buttered Bread Apple Pie	Supper Fried Bologna & Colcannon Lemon Meringue	Supper Sweet & Sour Chicken Fried Rice Spring Roll Jell-o with Whip Cream	Supper Spaghetti Garlic Toast Butter Tarts	Supper Chicken with Mushroom Sauce Mashed Potatoes Sunrise Veg Date Squares	Supper Roast Pork Gravy Mashed Potatoes Broccoli with Cheese Strawberry Layer Cake



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch Chicken & Wild Rice Soup Sugared Donuts	Lunch Chicken Pot Pie Pears	Lunch Grilled Cheese Sandwich & Tomato Soup Coconut Cream Pie	Lunch Vegetable Quiche Sliced Tomato Cookies	Lunch Corn Chowder Biscuits Macaroon Squares	Lunch Oktoberfest Sausages French Fries Coleslaw Ice Cream	Lunch Split Pea Soup Dinner Roll Cookies
Supper Salisbury Steak Baked Potato Green Beans Banana Pudding	Supper Breaded Haddock Fries Peas & Carrots Blueberry Loaf	Supper Beef & Corn Casserole Assorted Danish	Supper Honey Garlic Pork Fluffy White Rice Sunrise Vegetables Boston Cream Pie	Supper Tuna Casserole Garlic Toast Blueberry Tarts	Supper Swedish Meatballs Lingonberry Jam Mashed Potato PEI Vegetables Fudge Brownie	Supper Roast Turkey Mashed Potatoes Cranberry Sauce California Vegetables Lemon Layer Cake



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch Hamburger Macaroni Garlic Toast Lemon Whip	Lunch Homemade Chicken Noodle Soup Dinner Roll Cookies	Lunch French Toast Sausages Fruited Pudding	Lunch Cream of Broccoli Soup Tea Biscuit Muffins	Lunch Assorted Sandwiches Mushroom Soup Cherry Cheesecake	Lunch Chilli Garlic Toast Strawberry Swirl	Lunch Homemade Vegetable Soup Homemade Bread Cookies
Supper Cod Nuggets Tater Tots Carrot Coins Carrot Cake	Supper Lasagna Garlic Toast Apple Turnover	Supper Beef Stew Dumplings Cranberry Loaf	Supper Grilled Ham Boiled Potatoes Peas & Carrots Tropical Fruit Salad	Supper Salmon with Lemon Butter Sauce Mashed Potatoes Green Beans Chocolate Avalanche Danish	Supper Roast Chicken Thighs Mashed Potatoes Sunrise Veg Cottage Cheese Cups	Supper Brown Sugar Ham Scalloped Potatoes Diced Turnip Milk Cake

