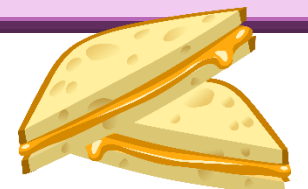
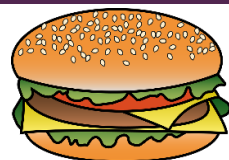
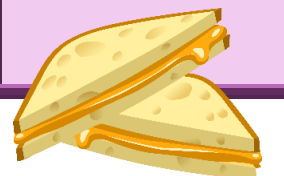


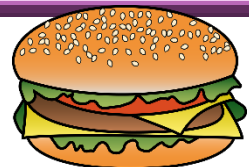
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Lunch</p> <p>BBQ Hamburgers Mustard, Ketchup Cucumber Salad Cheezies</p> <p>Chocolate Chip Banana Bread</p>	<p>Lunch</p> <p>Chicken Pasta Primavera Garlic Toast</p> <p>Cookies</p>	<p>Lunch</p> <p>Chicken and Wild Rice Soup Dinner Roll</p> <p>Lemon Loaf</p>	<p>Lunch</p> <p>Sliced Turkey Greek Pasta Salad</p> <p>Mandarin Oranges</p>	<p>Lunch</p> <p>Chilli Garlic Toast</p> <p>Triple Chocolate Brownie</p>	<p>Lunch</p> <p>Sandwich with Vegetable Soup</p> <p>Fresh Fruit</p>	<p>Lunch</p> <p>Grilled ham & Swiss French Fries</p> <p>Frozen Yogurt</p>
<p>Supper</p> <p>Parmesan Crusted Baked Haddock Fries</p> <p>Mango Mousse Cake</p>	<p>Supper</p> <p>Grilled Ham Mashed Potatoes Peas</p> <p>Blueberry Pie</p>	<p>Supper</p> <p>Shepards Pie Buttered Bread</p> <p>Caramel Swirl</p>	<p>Supper</p> <p>Chicken Tenders Sweet & Sour Sauce Potato Wedges Coleslaw</p> <p>Cottage Cheese Cups</p>	<p>Supper</p> <p>Grilled Salmon/Lemon Butter Sauce Fluffy Rice Green Beans</p> <p>Sweet loaf</p>	<p>Supper</p> <p>Chicken Parmesan Mashed Potatoes Broccoli</p> <p>Cookies</p>	<p>Supper</p> <p>Roast Turkey Mashed Potatoes Squash Dressing Cranberry Sauce Pumpkin Pie</p>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Lunch</p> <p>Homemade Chicken Noodle Soup Dinner Roll</p> <p>Peaches</p>	<p>Lunch</p> <p>Sliced Turkey Sandwich on a Croissant Caesar Salad</p> <p>Jell-O with Cream</p>	<p>Lunch</p> <p>Fresh Fruit and Cottage Cheese Plate</p> <p>Cookies</p>	<p>Lunch</p> <p>Beef and Corn Casserole</p> <p>Banana Bread</p>	<p>Lunch</p> <p>Macaroni and Cheese Sliced Tomato</p> <p>Donuts</p>	<p>Lunch</p> <p>Split Pea Soup Dinner Roll</p> <p>Watermelon</p>	<p>Lunch</p> <p>Beans and Wieners Bread and Butter</p> <p>Ice Cream</p>
<p>Supper</p> <p>Spaghetti with Parmesan Cheese Garlic Bread</p> <p>Carrot Cake</p>	<p>Supper</p> <p>BBQ Chicken Thighs Mashed Potato Brussel Sprouts</p> <p>Coconut Cream Dessert</p>	<p>Supper</p> <p>Pulled Pork on a Bun Potato Wedges Carrot Salad</p> <p>Apple Turnover</p>	<p>Supper</p> <p>Sweet and Sour Chicken Fried Rice Spring Rolls</p> <p>Strawberry Cheesecake</p>	<p>Supper</p> <p>Cheddar Biscuit Hake Tartar Sauce Mashed Potatoes Peas and Carrots</p> <p>Blueberry Tarts</p>	<p>Supper</p> <p>Teriyaki Chicken Stir-Fry Rice Pick of the Day Vegetable</p> <p>Mango Cake</p>	<p>Supper</p> <p>Roast Pork Gravy Mashed Potatoes Yellow Beans</p> <p>Layer Cake</p>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Lunch</p> <p>Bratwurst Sausages Sauerkraut Potato Salad</p> <p>Lemon Whip</p>	<p>Lunch</p> <p>Fish Chowder Dinner Roll</p> <p>Sweet Loaf</p>	<p>Lunch</p> <p>Vegetable Quiche Sliced Tomato</p> <p>Butter Tarts</p>	<p>Lunch</p> <p>Cabbage Patch Soup Assorted Sandwiches</p> <p>Cinnamon Roll</p>	<p>Lunch</p> <p>French Toast with Maple Syrup Sausages</p> <p>Pears</p>	<p>Lunch</p> <p>Chicken Salad Sliced Tomato Cucumbers Dinner Roll</p> <p>Orange Sorbet</p>	<p>Lunch</p> <p>Clam Chowder Tea Biscuit</p> <p>Watermelon</p>
<p>Supper</p> <p>BBQ Chicken Thighs Mashed Potato Carrot Coins</p> <p>Cookies</p>	<p>Supper</p> <p>Hamburger and Gravy Mashed Potatoes Peas</p> <p>Banana Cream Pie</p>	<p>Supper</p> <p>Country Ham Casserole Garlic Bread</p> <p>Apple Strudel</p>	<p>Supper</p> <p>Chicken and Mushroom Sauce Herbed Rice Pick of the Day Vegetable</p> <p>Mousse Parfait</p>	<p>Supper</p> <p>Baked Crusted Haddock French Fries Green Beans</p> <p>Muffins</p>	<p>Supper</p> <p>Honey Garlic Pork Fluffy Rice PEI Vegetables</p> <p>Cookies</p>	<p>Supper</p> <p>Roast Beef with Gravy Mashed Potatoes Baby Carrots</p> <p>Lemon Layer Cake</p>



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>Lunch</p> <p>Grilled Ham and Cheese Sandwich Three Bean Salad French Fries</p> <p>Stewed Rhubarb</p>	<p>Lunch</p> <p>Sloppy Joes on a Bun Tater Tots Tomato Cucumber Salad</p> <p>Peaches</p>	<p>Lunch</p> <p>Oktoberfest Sausage Hodge Podge</p> <p>Chocolate Pudding</p>	<p>Lunch</p> <p>Corn Chowder Biscuit</p> <p>Cookies</p>	<p>Lunch</p> <p>Vegetable Frittata Tea Biscuit</p> <p>Apple Sauce</p>	<p>Lunch</p> <p>Beef and Barley Soup Dinner Roll</p> <p>Lemon Meringue Pie</p>	<p>Lunch</p> <p>Chicken Alfredo Garlic Bread</p> <p>Ice Cream</p>
<p>Supper</p> <p>Cod Nuggets Potato Wedges Diced Carrots</p> <p>Chocolate Cream Pie</p>	<p>Supper</p> <p>Hawaiian Pork Rice Sunrise Veg</p> <p>Cookies</p>	<p>Supper</p> <p>Sweet and Sour Meatballs Mashed Potatoes Brussels Sprouts</p> <p>Date Squares</p>	<p>Supper</p> <p>Chicken Stew with Dumplings</p> <p>Assorted Danish</p>	<p>Supper</p> <p>Fish Cakes Baked Beans</p> <p>Chocolate Donuts</p>	<p>Supper</p> <p>Sliced Ham Potato Salad Broccoli Salad</p> <p>Sweet Loaf</p>	<p>Supper</p> <p>Roast Turkey Cranberry Sauce Mashed Potatoes California Veg</p> <p>Strawberry Layer Cake</p>

